

Workshop on “Yoga for Health Promotion” for DRDO employees on May 27, 2016 at DRDO Bhawan

DIPAS has imparted Yoga training to more than 8000 Army personnel, paramilitary forces, at different locations using customised yoga packages. Last year, yoga training was organised for scientists of DRDO labs at Delhi and Hyderabad with specific yoga packages. In 2016, a yoga course for DCIDS officers selected for different UN missions was organised. DIPAS is also organising one week training program for cadets of Sainik School at Kunjpura, Karnal and residents of DRDO complex Timarpur Delhi. In this series of event, a one day workshop on “Yoga for Health Promotion” for the benefit of employees of DRDO Bhawan is being organised on May 27, 2016 at DRDO Bhawan. All the employees are cordially invited.