

Showing the way for empowerment

Over 150 delegates taking part in NSTL fair 'Swadharm'

The race is not about competing with others but with yourself to bring out the best in you, open water swimmer Bhakti Sharma has said. She was speaking at the inauguration of the two-day 'Swadharm exhibition: lady entrepreneurs collective tradefair' (SELECT) being organised by Naval Science and Technological Laboratory as part of the International Women's Day Celebrations – 2016. It began on Friday.

Focusing on 'Women adventurers views – goals, responsibilities, enthusiasm, adventurism and teamwork' as the topic of the panel discussion, the first Indian woman who crossed the five oceans, said that she was bold enough to tide over a number of hurdles that surfaced in the form of lack of sponsorships and proper coaches along with rough waters that came her way.

Over 150 delegates from various Defence Research Development Organisation and Establishments across the country took part in the national celebration.

The young scientists who assembled at the venue defined women empowerment as a new found freedom that comes through education. "It is about taking the first step towards empowerment from within. Financial independence, physical fitness and emotional intelligence all play a role in empowering women," said Shubhi Saini, a scientist at Institute of System Studies and Analysis, New Delhi. For Swati Sahu, who works as a Senior Technical Assistant (B) at Proof and Experimental Establishment, Balasore, education tops the priority list. "Unless we excel in the field we embark upon, it is difficult to stand apart. And education is the only means that directs one to tread a promising path," she said.

A group of women entrepreneurs and members of Mahila Kalyan Manch displayed attractive handmade products as part of the SELECT exhibition. Edible powders, pickles, handcrafted home decors, leather lampshades, jute bags, hand-painted saris and dress material form a part of the fair, inaugurated by Outstanding Scientist and Director of NSTL C.D. Malleswar.

The celebrations would come to a close on Saturday with a national workshop on Scientific Women and DRDO Harnessing Research and Management.

The Hindu
12 Mar, 2016

Avalanche-Warning

An avalanche warning was issued on Friday for higher areas of Jammu and Kashmir, Himachal Pradesh and Uttarakhand asking people not to venture in these areas over the next 48 hours.

An advisory was issued by the Snow and Avalanche Study Establishment, part of the DRDO here. 'Medium danger' avalanche warning exists for avalanche-prone areas above 3,000 metres in Baramulla, Kupwara, Bandipur, Kargil, Shopian, Anantnag, Kulgam, Rajauri, Doda and Poonch districts of J&K, the advisory said.

NDTV
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Avalanche Warning Issued in Jammu and Kashmir, Uttarakhand For Next 24 Hours

CHANDIGARH: An avalanche warning was today issued for higher areas of Jammu and Kashmir, Himachal Pradesh and Uttarakhand, advising people not to venture into these places over the next 24 hours.

The advisory was issued by the Snow and Avalanche Study Establishment (SASE), part of the Defence Research and Development Organisation (DRDO).

'Medium danger' warning exists for avalanche prone areas in Baramulla, Kupwara, Bandipore, Kargil, Shopian, Anantnag, Kulgam, Rajouri, Doda and Poonch districts of Jammu and Kashmir, the advisory said.

For Himachal Pradesh, it said 'medium danger' avalanche warning exists in areas of Lahaul and Spiti, Kullu, Chamba and Kinnaur districts.

Similar warning has been issued for areas of Chamoli, Uttarkashi, Rudraprayag and Pithoragarh districts in Uttarakhand.

Pharkian, Z-Gali, Kanzalwan, Banihal Top, Gulmarg, Haddan Taj, Neelam and Dras areas of Jammu and Kashmir witnessed fresh snowfall of 53 cm, 39 cm, 9 cm, 12 cm, 25 cm, 70 cm, 43cm and 7 cm respectively during the last 24 hours.

In Himachal Pradesh, Dhundi and Patsio had fresh snowfall of 60 cm and 32 cm while Bahang and Solang Nala witnessed rainfall of 78.6 mm and 70 mm respectively, it said.